

A portrait of a man with short, dark hair, wearing a dark suit jacket over a light-colored, button-down shirt. He is looking directly at the camera with a slight smile. The background is a plain, light gray.

**YOU
CAN
DO
THIS**

JOSHUA B. CARSON

Session 1: A Lively Hope

1 Peter 1:3-4

In the phenomenon which is social media, engagement with pictures has dropped significantly compared to engagement with video clips or reels. People living a real life want a glimpse of someone else's. Peter's writings and personal witness speak to the community he wrote to, while providing an example to us today. We can be assured because of the "lively hope" we are promised.

1. Why do we have a lively hope?
2. What does it mean to have an inheritance?
3. In what areas of your life are you different from others because of your lively hope?

Regardless of our current context, it is critical we remain faithful to the pattern of Scripture. This world is not our eternal home. Our eternal inheritance and our lively hope are greater than anything we can experience in our current lives. They call us to live with our eternal purpose in mind.

[illegible]

Session 2: The Trial of Your Faith

1 Peter 1:7-11

Our testing as believers can come in many different forms from personal persecution to personal loss. It is not *if* but *when*. All of us will go through trials as part of our faith. It is through the lens of faith that we understand we can achieve being Christ-like.

1. Have you experienced persecution?
2. How is it possible to experience trials or personal tragedy and remain faithful?
3. How can you connect to the body of Christ this week to minister to someone else facing a trial or to receive ministry?

The trials of our faith point toward greater things. Christ Himself endured the cross for the joy that was set before Him. The apostle Paul was given a thorn in the flesh and the Lord's grace to help him face it. The fight for our faith is a good and necessary fight. Our trials not only help shape us and draw us closer to God, they also enable us to minister one to another as we link up to the body of Christ.

[illegible]

YOU CAN DO THIS

Session 3: Be Ye Holy

Key Scriptures:

1 Peter 1:13-16

Opening Remarks:

The word *holy* has two related aspects to it: being pure and being set apart. The Bible directs us to “set our hope completely,” which is a more specific form of what “prepare your minds for action” means. Preparing our mind for action—and consequently, setting our hope—happens through a process of mental discipline. We must consciously look beyond our current circumstances and instead focus our hope completely on God’s grace.

Watch the Session 3 Video

Discussion Questions:

1. What is the Greek word “*Hagios*” translated to many times in our Bibles?
2. What can we conform our minds to that is pure and undefiled?
3. What disciplines can we use to stay set apart mentally, emotionally, and physically?

Closing Remarks:

Because Christians are children of God, we are set apart as holy and, therefore, should pursue being like God. This means that we are above all to fear God, trust God, love God, serve God, obey God, and look to God alone for help.

NOTES:

[illegible]

YOU CAN DO THIS

Session 4: Love One Another

Key Scripture:

1 Peter 1:22-25

Opening Remarks:

Division in the body is Hell's agenda. We move past this divisiveness by understanding that in the body of Christ there are many members (1 Cor. 12:12). Holy living is incomplete without love for the body of Christ, which is your brothers and sisters in Christ. Being born again means being made new in Christ while simultaneously being brought into a new family.

Watch the Session 4 Video

Discussion Questions:

1. God used Peter despite all his extreme reactions and impulses. How does Peter's example in Scripture teach us about different personalities?
2. What can we do to honor the ministries of others?
3. How can you appreciate others in the body of Christ when they are different from you and the way they serve differs from your expectations?

Closing Remarks:

Since all believers are born of imperishable seed, we are all going to be in the same family forever. Even the very best and most glorious things that nonbelievers do for one another will ultimately fade away, just like the flowers that are the most glorious part of the grass will fade away. But believers' relationships of love and acts of Christian kindness to one another will last forever since they are born out of the living and enduring Word of God.

NOTES:

[illegible]